

# COUNTRY & TOWN HOUSE

THE BEST OF BOTH WORLDS

FEBRUARY 2015 £3.60

PERFECTING  
YOUR SWING

*And we're not  
talking golf*

THE FIRST  
LADY OF  
DESIGN

*Lucia van der Post  
meets Anouska  
Hempel*

*A fashion*  
FAIRYTALE

THE  
ONLY WAY  
IS ESSEX

*The coolest county  
in the UK*





## BOCONNOC FOR VALENTINE'S

If you're a big-gesture kind of guy, book into Boconnoc House in Cornwall for V day, where you'll be whisked down the two-mile long drive in a horse and carriage (or helicopter, if that's more your

style), to be greeted with champagne by the fire and a private candle-lit dinner for two before hurrying to the King's Room, named after King Charles I who used to stay. *From £850; boconnoc.com*

# Gastro Gossip

*Food to get you in the mood*

### DRINKING STORIES

We knew we'd scream when we next heard the term pop-up, but when the Beaufort Bar at the Savoy announced its new pop-up cocktail menu it was out of joy not irritation. Head Barman Chris Moore will leave you weak with childish glee when you're presented with a pop-up book menu, painstakingly illustrated by Joe Wilson, crammed with legendary cocktails inspired by far flung tales. There are just 1,000 copies, which can be taken home for £50. *fairmont.com*



## FIFTY SHADES OF HERMÉ

Lust and gluttony are two vices we're content to embrace. Soft and sticky, Pierre Hermé's fetish cakes are proof that cake is better than sex. With six cakes on offer, for Valentine's try the sickly pink Ispahan with teeny-weeny macarons, rose, raspberry and litchi. *£19; pierreherme.com*



## CHIEF COOK AND BOTTLE WASHER

Caprice Holdings has joined forces with the Cookery School on Little Portland Street to reveal the secrets of its swankiest kitchens. Fry up fish like J Sheeky (27 Feb), pinch the menu from The Ivy (30 Jan), or roll out pasta à la Daphne's (27 March). The downside? From now on dinner parties will always be at yours... *£150 per person; cookeryschool.co.uk*



## GREEN BEANS

Forget Yorkie, for a bar with real heart give Original Beans. These warriors of sustainability take fairtrade up a gear by planting cacao trees to replenish the environment and protecting vulnerable communities. The nine-digit code on each pack lets you track the bar's impact on



## THIS MONTH

Chocolates to make your pooch smoochable



### EAT

Banish (actual) dog breath with after dinner mints from the Paws Deli. These New Forest mavericks claim to make doggie treats good enough for human consumption. The proof is in the eating, apparently. *£4 for 125g pack; pawsdeli.co.uk*



### DRINK

The illustrious Frerejean-Frères brothers have launched champagne made purely from premier cru grapes. *From £30; frerejean.freres.com*

### BUY

My, what lovely wibbly jiggle jellies you have, Ms Thornback and Ms Peel. *£18.50 for the set; thornbackandpeel.co.uk*



### READ

Make sweet treats for your sweetheart. *Macarons by Ladurée. £28; laduree.com*